

Cowley News



Rooted in Faith - Learning with Love - Creating a Bright Future

Thought of the Week

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of the
Week...

This week, we learning about the woman who bravely reached out to Jesus after years of suffering. Before she experiences healing, she felt excluded and unseen. Jesus stopped, noticed her, and restored her with compassion.

This strongly links to our school vision from **Jeremiah 29:11**, where God promises, “**For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.**” as it reminds us that God’s hopeful plans begin with love, dignity and belonging. The children reflected on how small acts of kindness help others feel valued and included.

Reflective Questions for Families: *Who might be feeling left out this week? How can we help someone feel seen and cared for? What small act of love could make a difference?*

Rooted in Faith, Learning with Love, Creating a Bright Future

Dates for Your Diary



JUNE

- 10th - THP Ancient Egyptian Workshop (Y3)
- 16th - Y1 Ruislip Lido Trip
- 17th - Y4 Living Rainforest Trip
- 18th - VANCOLS (Class Photo)
- 24th - PTA Sponsored Fun Run (Y1,2,3)
- 25th - Y2 SeaLife Brighton Trip
- 26th - PTA Sponsored Fun Run (Y4,5,6)
- 30th - **GREEN DAY**

JULY

- 1st - EYFS Sponsored Colour Run
- 3rd - KS1/KS2 Sports Day

END OF TERM

Tuesday 21st July 2026

JUST A LITTLE Reminder

A MESSAGE FOR MRS CANNON

We say a fond farewell to Mrs Cannon as she embarks on a new venture. Over the past 12 years, she has shown unwavering dedication and commitment, and her contribution to our school community will be greatly missed. Please join us in wishing her every success and happiness for the future, and thanking her for all her hard work.

Thank you!
AND FAREWELL



Sponsored Fun Run - Information will be out next week

Attendance Matters

School Target = 95.0%

w/c 18/05/2026 = 93.9%

There were **112** late marks.

Class	Attendance
Gorilla	97.3%
Panda	96.9%
Lizard	96.9%
NAD	96.8%
Whale	96.4%
Bear	96.3%
Ostrich	96.2%
NAM	95.1%
Turtle	95.1%
Penguin	95.0%
Eagle	94.2%
Elephant	94.2%
Butterfly	94.1%
Dolphin	90.8%
Giraffe	88.8%
Hedgehog	83.9%

100% EXCELLENT

99% VERY GOOD

97-98% GOOD

96% SATISFACTORY

BELOW 90% POOR

Please help us to improve the attendance.
Children need to be in school every day to
make a difference



Attendance Matters

Every student. Every day.

Good News & Writer Awards

Well done to the following children that have worked extra hard this week

Class	Good News	Writer of the Week
Dolphin	Finley	Samarah
Turtle	Marlowe	Gururuhan
Elephant	Tiia	Shaurya
Giraffe	Aaron	Muntaha
Penguin	Myah	Nidhil
Whale	Qadar	Karter
Lizard	Inaaya	Rihanna
Ostrich	Ayaan	Tommy
Bear	Uinni	Evie
Eagle	Shadhir	Lucy
Butterfly	Riley	Alfie
Hedgehog	Harry	Lily
Gorilla	Esmé	WHOLE CLASS
Panda	Shelby	WHOLE CLASS

TIMESTABLES ROCKSTARS



KS1 Numbots & TTRS

Elephant -

Giraffe - Zaviyar

Penguin - Nisham

Whale - Karter



KS2 TTRS

Lizard - Ibrahim

Ostrich - Ryan

Bear - Sebastian

Eagle - Aeren

Butterfly - Sultan

Hedgehog - Wesley

Gorilla - Alfie B

Panda - Maya



TTRS Hero

Ibrahim A 0.56s



Average Speed - Butterfly 1.30s

Highest Accuracy - Lizard 96.71%

All children on the leader board
are allowed to wear their own
clothes the following Monday

House Points

ROWLING
1576

MANDELA
1875

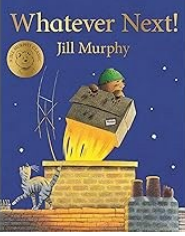
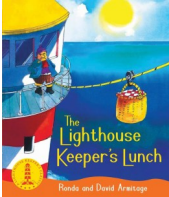
GATES
1955



NIGHTINGALE
1959

Here's a look at next weeks.....

CURRICULUM

<p><u>Nursery</u> <i>Squirrels</i></p>	<p>Literacy: To talk about what happened first and next in a story</p> <p>Maths: To know that the last number we count tells us how many we have altogether</p> <p>Story: Whatever Next</p> <p>Theme: All Around The World - Space Themed Picnic</p>	
<p><u>Reception</u> <i>Dolphin Class</i> <i>Turtle Class</i></p>	<p>Phonics: Children are now in groups and will work at their current levels</p> <p>Maths: Sharing / Grouping</p> <p>Story: Lighthouse Keepers Lunch</p> <p>Theme: Chefs</p>	
<p><u>Year 1</u> <i>Elephant Class</i> <i>Giraffe Class</i></p>	<p>Literacy: My Journey into Space</p> <p>Maths: Place value 50-100</p> <p>RE: The Parable of the Lost Sheep</p> <p>Science: Planting</p>	
<p><u>Year 2</u> <i>Penguin Class</i> <i>Whale Class</i></p>	<p>Literacy: Writing a dialogue between Bertie and the Lion</p> <p>Maths: Time</p> <p>Geography: Why is our world wonderful?</p> <p>RE: Baptism</p>	
<p><u>Year 3</u> <i>Lizard Class</i> <i>Ostrich Class</i></p>	<p>Literacy: Prequel</p> <p>Maths: Shape - Turns and Angles</p> <p>History: Ancient Egypt</p> <p>RE: 'I Am The Light of the World'</p>	
<p><u>Year 4</u> <i>Bear Class</i> <i>Eagle Class</i></p>	<p>Literacy: Informal Letters to Friends</p> <p>Maths: Consolidating understanding of 2D shapes and their properties including symmetry</p> <p>Science: How do Animals adapt to the habitats?</p> <p>Geography: What is it like in the Amazon Rainforest?</p> <p>RE: Liturgy</p>	
<p><u>Year 5</u> <i>Butterfly Class</i> <i>Hedgehog Class</i></p>	<p>Literacy: Continuing to write an explanation text</p> <p>Maths: Solve problems using decimals</p> <p>History: To examine sources regarding changes to the Education system</p> <p>Science: To understand Life Cycles</p> <p>RE: What is the Shahadah?</p>	
<p><u>Year 6</u> <i>Gorilla Class</i> <i>Panda Class</i></p>	<p>Literacy: Internal Monologue</p> <p>RE: The Creation Story</p>	

WORKSHOPS / TRIPS

Here is a list of trips and workshops that we have planned for this academic year. Further details will be sent out nearer the time.

LIVE PAYMENTS OF PARENTPAY
Trip/Events highlighted in RED are LIVE and require your immediate attention

JUNE

10th - THP Ancient Egypt Workshop (Y3)

16th - Ruilship Lido Trip (Y1)

17th - Living Rainforest Trip (Y4)

28th - SeaLife Brighton (Y2)



KS1 @2.40pm / KS2 @ 10.15am

PARENTS WELCOME

Bear - 12th June 2026 @ 10.15am

Butterfly - 19th June 2026 @ 10.15am

Hedgehog - 26th June 2026 @ 10.15am

We would love for you to join us for our upcoming Class Worships!

These special moments give children an opportunity to share their learning, creativity and reflections with you.

Your presence makes these occasions even more meaningful, and we look forward to celebrating together as a school community.

Please Join US!



EMAILS THIS WEEK

A round up of emails sent via ParentMail this week, please keep checking!

- Confirmation of Club Place - Rounders
- Confirmation of Club Place - Cricket
- Choir Club - Return Date
- Behaviour at Cowley St Laurence
- Nursery RE Activity & Friday PICNIC
- Year 5 SRE Curriculum
- Y4 Dance Club - Day Change (next week)
- Y5/6 Dance Rehearsals
- Ancient Egyptian Workshop Date
- KS1 and KS2 Class Worship Times
- Y1 Ruilship Lido Trip
- Y4 The Living Rainforest Trip
- Transition to Year 1
- Year 2 PSHE Lesson
- Y5/6 Dance Festival Parent Information
- Be On Time and Be In With A Chance To Win
- Parent Survey 2026
- Transition Arrangements for September 2026
- Y2 SeaLife Brighton Trip



- Schools can only approve term-time absence in **exceptional circumstances**, decided by the Headteacher. There is **NO automatic right** to take holidays during term time, regardless of a child's attendance record.
- Exceptional Circumstances are defined as rare, significant, unavoidable and short. By 'unavoidable' we mean an event that could not reasonably be scheduled at another time.
- Requests must be submitted at least **4 weeks in advance**, with a response usually given within **10 school days**. If approved, pupils must complete missed work.
- Taking children out of school during term time is considered **harmful to their progress**.



Physical Education



PE Super Stars of the Week

Well done to the following children that have worked extra hard in PE this week

Class	Super Stars
Dolphin	Zachary / Delilah
Turtle	Oscar / Mia
Elephant	Joud / Tiia
Giraffe	Aaron / Amani
Penguin	Harrison / Aarya
Whale	Leo G / Indiana
Lizard	Mark / Leanna
Ostrich	Benjamin / Bliss
Bear	Muhammad A / Lulu
Eagle	Remy / Ella E
Butterfly	Josiah / Tilly
Hedgehog	Yusuf / Jewel
Gorilla	Alfie D / Lucy
Panda	Billy / Paighton

Mon	Y5			
Tues	Y2	Y5		
Wed	Y1	Y3	Y4	
Thurs	Rec	Y2	Y6	
Fri	Y1	Y3	Y4	Y6

School PE Kit

Maroon PE Shorts
Blue School Logo T-Shirt
Black Plimsolls / Trainers

UPCOMING FRAYS EVENTS

An email has been sent via ParentMail with all details relating to this Festival

Y5/6 Dance Festival - 9th June 2026 @ St Martins Primary School

PE / SPORT NEWS

Monday : Y1/2/3 Multi Sports
Tuesday: Rounders Club
Wednesday: Cricket Club
Thursday: Girls Netball Team / DS Training
Friday : District Sport Training



9th June - Y5/6 Dance Festival @ St Martins

10th June - Y4 Dance Club (one week only)

13/7 - District Sports (further information will be sent out nearer the time)

Tuesday 9th June - There will be NO Rounders Club on this day due to the Y5/6 Dance Festival and Mr Donoghue will be attending.



Green Day

Tuesday 30th June



Green Day is a chance for us to think about the environment and how our everyday choices affect the world around us. From the air we breathe to the wildlife we share our planet with, everything is connected.

By making small changes - like reducing waste, recycling, and saving energy - we can all help protect our Earth for the future.

To celebrate, pupils are invited to wear green or come dressed in outfits inspired by nature. Let's show our support for the planet and take a step towards a greener future together!

£1 donation to buy resources to help school become more eco-friendly.



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What Parents & Carers Need to Know about GROUP CHATS

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WHAT ARE THE RISKS?

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

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Advice for Parents & Carers

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CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they would not like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat. Instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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