16th October 2026

Cowley News



Rooted in Faith - Learning with Love - Creating a Bright Future

Thought of the Week

This week in Worship, we have been thinking about the Bible as God's Story Book. We have explored how the Bible tells us about God's love for His people and how He has guided people throughout history. Through it's stories, teachings and promises, we can discover more about God and how He wants us to live.

We also looked at Bear Grylls and how the Bible helped him in his life. His Christian faith and the words of Scripture have given him strength, encouragement and guidance, reminding us that the Bible can help people through challenging times and give them hope.

The Bible can help us too, When we feel worries, uncertain or need to make a difficult choice, its words can offer comfort, wisdom and hope. It reminds us to love one another, forgive others, show courage and trust in God, even when life feels challenging.

This links closely to our school vision comes from ***Jeremiah 29:11, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."*** *The Bible helps us to understand God's promises and gives us guidance as we grow, learn and discover our own paths in life.*

Through our strapline: **Rooted in Faith, Learning with Love, Creating a Bright Future** we are reminded that the Bible can help us build a strong foundation of faith and make choices that reflect God's love.

BIG QUESTION: How might the Bible help us when we face a difficult decision or need hope and guidance?

Dates for Your Diary

OCTOBER

19th - Hearing & Vision (Reception)
21st to 23rd - Nursery Parent Meetings
22nd - Parents Evening (Reception to Y6)

HALF TERM

26th to 30th October 2026

NOVEMBER

6th - Reception Open Day for September 2027
12th - Flu Vaccine
17th - Flu Vaccine
30th - Battle of Britain Trip (G6)

DECEMBER

1st - Battle of Britain Trip (P6)

JUST A LITTLE Reminder

Parents Evening - Thursday 22nd October

Bookings close on Monday 19th October, please ensure you have secured a meeting time with your child's class teacher.

Bookings can be made via the My Child At School app.



EVERY CHILD HAS THE RIGHT TO AN OUTSTANDING EDUCATION

Attendance Matters

School Target = 95.0%

w/c = 28/9/2026 = 96.1%

There were 98 late marks.

Class	Attendance
Whale	98.8%
Panda	98.6%
Turtle	98.6%
Butterfly	98.5%
Ostrich	98.3%
Hedgehog	98.1%
Giraffe	98.0%
Lizard	96.9%
Bear	96.1%
Gorilla	94.8%
Eagle	94.8%
Penguin	94.3%
Elephant	94.2%
NAM	92.7%
NAD	92.6%
Dolphin R	81.3%

100% EXCELLENT
99% VERY GOOD
97-98% GOOD
96% SATISFACTORY
BELOW 90% POOR

Please help us to improve the attendance. Children need to be in school every day to make a difference

Attendance Matters
Every student. Every day.

Good News & Writer Awards

Well done to the following children that have worked extra hard this week

Class	Good News	Writer of the Week
Dolphin		
Turtle	Jacob	
Elephant	Delia	Yasmin
Giraffe	Balaj	Phoebe
Penguin	Jayden	Ali
Whale	Deana	Aahad
Lizard	Archie	Aarya
Ostrich	Charlie	Donatella
Bear	Hallie	Aarun
Eagle	Charlotte	Idris
Butterfly	Jackson	Reggis
Hedgehog	Evie	Jasmine
Gorilla	Erlisa	Ella-Louise
Panda	Wesley	Delilah

TimesTables Rockstars



KS1 Numbots & TTRS

Elephant - Sulaiman
Giraffe - Ava-Rose
Penguin - Sidratul
Whale - Laura

KS2 TTRS

Lizard - Harrison
Ostrich - Zaid
Bear - Lily
Eagle - Ella B
Butterfly - Jackson
Hedgehog - Jasmine
Gorilla - Scarlet
Panda - Wesley



TTRS Hero

Ryan S 0.51



Average Speed - Gorilla 1.59

Highest Accuracy - Panda 95.97%

All children on the leader board are allowed to wear their own clothes the following Monday

House Points

JERUSALEM
1971

NAZARETH
2139

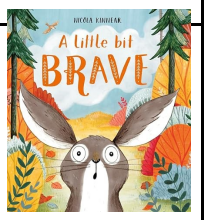
BETHLEHEM
2174

...and the WINNERS are...

DAMASCUS
2223

Here's a look at next weeks……

CURRICULUM

Nursery *Squirrels*	**Literacy/Story: Wow! Said The Owl** **Maths: Positional Language (under, in, next to)** **Theme: Familiar Events** 
Reception *Dolphin Class* *Turtle Class*	**Phonics:** Recapping all sounds that have been learnt so far **Maths:** 1 more, 1 less Composition 1, 2, 3 **Story:** A Little Bit Brave **Theme:** Emotions 
Year 1 *Elephant Class* *Giraffe Class*	**Literacy:** Funny Bones **Maths:** Subtraction within 10 **RE:** Creation Story **Geography:** Maps - ariel view
Year 2 *Penguin Class* *Whale Class*	**Literacy:** Rhyming Couplets **Maths:** Addition and Subtraction **Art:** Making a Map **RE:** Our Father Prayer
Year 3 *Lizard Class* *Ostrich Class*	**Literacy:** Shape Poetry **Maths:** Addition and Subtraction **RE:** Salvation **Geography:** Plan an Expedition **DT:** Making Fruit Skewers
Year 4 *Bear Class* *Eagle Class*	**Maths:** What is Area? **Literacy:** Poetry - to introduce a character using description, rhyme and rhythm **DT:** Design and make a boat for the river ***FRIDAY: Charlie and the Chocolate Factory Theme Day - If they wish to, you child can come dressed as a character from the book - an email has been sent out earlier today***
Year 5 *Butterfly Class* *Hedgehog Class*	**Maths:** Multiplication and Division: Cube Numbers, Multiplying and Dividing by multiples of 10 **Literacy:** Writing a scientific report on a life cycle **RE:** Prayer and Pilgrimage **Science:** Life cycle of Reptiles and Birds **Geography:** Where does our energy come from
Year 6 *Gorilla Class* *Panda Class*	**Maths:** Fractions: Equivalent Fractions and Ordering **Literacy:** Persuasive Letter **Science/Geography:** Biome Project **RE:** Journey of Life and Death

WORKSHOPS / TRIPS



November

2nd - Fire Services Visit (EYFS)

30th - G6 - Battle of Britain

December

1st - P6 - Battle of Britain



EMAILS THIS WEEK

A round up of emails sent via ParentMail this week, please keep checking!

- ***Parking Around the School***
- ***Y4 Dance Trials***
- ***Fruit Skewers - Y3***
- ***Y4 Theme Day - 23rd October 2026***



KS1 @2.40pm / KS2 @ 10.15am

KS1 - Years 1 and 2 / KS2 - Years 3, 4, 5 and 6

PARENTS WELCOME

23/10 - Hedgehog Class Worship

6/11 - Gorilla Class Worship

13/11 - Panda Class Worship

20/11 - Eagle Class Worship

27/11 - Butterfly Class Worship

4/12 - Bear Class Worship



Please Join US!



Physical Education

PE Super Stars of the Week

Well done to the following children that have worked extra hard in PE this week

Class	Super Stars
Dolphin	
Turtle	
Elephant	Kenzo / Krisha
Giraffe	Arlo / Zimora
Penguin	Martin / Muntaha
Whale	Aahad / Ayla
Lizard	Brian / Amelia
Ostrich	Leo / Aila
Bear	Nicolo / Maliyah
Eagle	Zak / Lacey-Rae
Butterfly	Daniel / Ella
Hedgehog	Zain / Uinni
Gorilla	Khallif / Myra
Panda	Danny / Milante

Mon	Y1	Y4	Y5	
Tues	Y2	Y5		
Wed	Rec	Y1		
Thurs	Y3	Y4	Y6	
Fri	Y2	Y3	Y6	

School PE Kit

Maroon PE Shorts

Blue School Logo T-Shirt

Black Plimsolls / Trainers

UPCOMING FRAYS EVENTS

Sport belongs to children. Playing is their main motivation.

PE / SPORT NEWS

Monday : Y2/3 Multi Sports
Tuesday: Girl's Football - TRIALS
Wednesday: School Football Team - TRIALS
Thursday: Girl's Netball Team - TRIALS
Friday : Y4/5/6 Dodgeball





Training will commence for the following Sports Clubs next week:

Tuesday: Girls Football (Y5/6)

Wednesday: School Football Team (Boys) Y5/6

Thursday: Mixed Netball Team (Y5/6)

Time: 3.15pm to 4.15pm

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League Match - WEDNESDAY 21st October 2026

Cowley St Laurence -v- Hermitage Primary (HOME)

CUP Match - Wednesday 4th November 2026

St Catherine's -v- Cowley St Laurence (AWAY)
Venue: Money Lane, West Drayton. UB7 7NX

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Netball Match - Thursday 5th November 2026

Oak Farm -v- Cowley St Laurence (AWAY)
Venue: Windsor Avenue, Uxbridge. UB10 9PD

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Y4 Dance Trials - Tuesday's

Thank you to those that attended this Tuesday's dance trials. There will be another one next week (21st). If your child is selected, the club will start on Tuesday 3rd November 2026.
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A Parent's Guide to Children's Social Care and Early Help

Supporting Families, Not Separating Them



Safe
Healthy
Happy
—
That's our goal

The truth about Children's Social Care

Hearing the words "Social Care" can feel frightening for many parents. A common worry is that if someone contacts Children's Social Care, their child will be taken away.

In reality, this is **very rarely the case.**

The vast majority of families who receive support from Children's Services continue to care for their children at home. The main aim is to help children remain safe, healthy and happy within their families wherever possible.

Children's Services are here to support you, not to judge you.

Will My Child Be Taken Into Care?

Usually no.

Children are only taken into care when professionals believe there is a serious risk to their safety and all other options have been explored or are not possible.

For most families, involvement from Children's Services focuses on:

- ☑ Providing support
- ☑ Reducing risks
- ☑ Improving outcomes
- ☑ Helping families stay together safely

What Happens if a Referral is Made?

1. Information is reviewed.
2. Professionals consider the level of support needed.
3. Parents are usually contacted and involved in discussions.
4. The family may be offered support services.
5. A plan may be developed together.

The aim is to understand what help may be needed, not to judge parents.

Think of Support as a Ladder

The earlier support is provided, the easier it often is to resolve difficulties. Most children and families only ever need support from **the first few levels.**

1 Level 1 – Universal Services

Support available to all children and families

- School or nursery
- GP and health visitors
- School nurses
- Children's centres
- Youth clubs and community groups

Examples:
- Advice about sleep, behaviour or routines
- Educational support at school
- Health concerns managed through your GP

Most families' needs are met through these services without additional support.

2 Level 2 – Early Help

When families would benefit from some extra support

Life can be difficult at times. Every family experiences challenges, and asking for help is a sign of strength, not failure.

Examples of concerns might include:
- Attendance concerns
- Behaviour difficulties
- Parenting challenges
- Family relationship difficulties
- Housing worries
- Financial pressures
- Emotional wellbeing

Support may include:
- An Early Help assessment
- Family support workers
- Access to local services and groups
- Parenting programmes
- Attendance support

Why Early Help is Important

Families who engage early often find problems are resolved more quickly and prevent situations from becoming more serious.

Early Help is voluntary.
Parents work alongside professionals to identify strengths, needs and solutions.

3 Level 3 – Targeted Support

When difficulties are having a greater impact on family life

At this stage there may be:
- Significant attendance concerns
- Ongoing behavioural or emotional difficulties
- Family conflict
- More complex needs requiring support from multiple agencies

Professionals will work together with parents to create a plan that helps improve outcomes.

This does not mean a child will be removed from home.

4 Children's Social Care

When there are concerns about a child's safety or wellbeing

Possible outcomes include:
- No further action if concerns are not substantiated
- Advice and support
- Referral to Early Help services
- Child in Need support
- Child Protection planning where risks are identified

In most cases, Social Care works with families to improve the situation and keep children safely at home.

We All Need Help Sometimes

Parenting is one of the most rewarding jobs in the world, but it can also be one of the hardest.

Many families face challenges such as:

- Financial pressures
- Mental health difficulties
- Children's behaviour needs
- Additional needs or disabilities
- Relationship breakdowns
- Bereavement
- Housing concerns

Seeking support early can prevent problems from escalating and ensure families get help when they need it most.

How Your School Can Help

Schools are often the first place families turn to for support.

We can:
- ✓ Listen without judgement
- ✓ Offer advice and guidance
- ✓ Discuss concerns confidentially
- ✓ Signpost services
- ✓ Support Early Help referrals
- ✓ Work alongside families to find solutions



You do not need to wait until there is a crisis.

If things are becoming difficult at home, please talk to us. We would much rather help early than see a family struggle alone.

Remember

"Asking for help is a sign of strength, not weakness.

Children's Services, Early Help teams and schools all share the same goal:

Helping children to be safe, happy and successful while supporting families to stay together wherever possible.

If you are worried about your child, your family circumstances, or simply need some advice, please contact the school.

We are here to help.

FUNWEEKS

OCTOBER HALF TERM

ACTIVE CAMP







BE QUICK!
EARLY BOOKING DISCOUNT
ENDS ON14/10/26

COWLEY ST LAURENCE PRIMARY SCHOOL

MONDAY 26TH OCTOBER - FRIDAY 30TH OCTOBER

FOR CHILDREN IN YEARS 1 - 7

10% SIBLING DISCOUNT

9AM- 3PM

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